

Experiencing infertility is a painful challenge that can overshadow a person's life day in day out. It affects one in six couples. And yet, it is a taboo subject.

When Verity Craig and her husband Paul found themselves plunged in to the uncertain world of infertility and IVF, they discovered it to be a world that no one discusses. They couldn't even find any books written by couple's who had actually experienced it themselves.

That's when Verity, calling upon her experience as a journalist and magazine editor, decided to keep a diary of events that unfolded on their traumatic journey of trying for a baby in the hope that one day, as a book, it would help rid the taboo shroud that surrounds infertility as a subject and therefore help people that may read it on their emotional journey.

If you are experiencing infertility and don't know which way to turn, and are also unsure of what those fertility procedures entail and of what that medical jargon means, then reading this book about a real couples' journey first hand may be just the support and inspiration that you need on your journey. You'll be surprised how normal those emotions and fears you're feeling actually are.

*"This book should be read by all the team involved in care. It will give them an in-depth understanding of the often very rough seas that the couple have to endure. Verity, a big thank you from me for helping other patients."* Consultant Obstetric and Gynaecologist of Infertility, Mr Michael Dooley MMS FFSRH FRCOG

*"I believe that this book has a rich and detailed description of emotional and physical constraints that came with this journey easily described in a natural way without any artificial make up or masks."* Consultant Gynaecologist at The Lister Hospital, Mr Raef Faris MSc FRCOG

*"Making new life is the biggest thing on earth, and yet if we are struggling to do that, we are expected to shy away and not discuss it with anyone. Hopefully this book will change that!"* Amanda

*"If you or someone you know is experiencing infertility, this book is a must read for women or men alike. I should know."* Nigel

*"A story of sheer endurance, courage and determination! This book has helped me persevere my pain with hope."* Hillary

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IVF and Infertility, Our Journey

VERITY CRAIG

**"Fascinating, compelling, at times harrowing and ultimately heartening"**

International best-selling author, Peter James

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A True Story of  
One Couple's Struggle  
Against the Odds

VERITY CRAIG

